NBRC Lap Pool

September 3rd-8th, 2013

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00			
6:30am					Lap Swim 6:00-9:00		
7:00am						Lap Swim 7:00-9:00	
7:30am							
8:00am				Drop-in H2O Fit			
8:30am		8:00-9:00 *4 Lap Lanes		8:00-9:00 *4 Lap Lanes			
9:00am	9:00-10:00 *4 Lap Lanes Lap Swim 10:00-10:30 Masters 10:30-11:30 *4 Lap Lanes	Lap Swim 9:00-4:00	Drop-in H2O Fit		Drop-in H2O Fit	Elks 9:00-11:00 *4 Lap Lanes	
9:30am			9:00-10:00 *4 Lap Lanes		9:00-10:00 *4 Lap Lanes		
10:00am			Lap Swim 10:00-10:30		Lap Swim 11:30-4:00		Lap Swim 8:00-1:00
10:30am			Masters				
11:00am			10:30-11:30 *3 Lap Lanes	Lap Swim 9:00-4:00			
11:30am	Lap Swim 11:30-7:00		Lap Swim 11:30-9:00			Lap Swim 11:00-1:00	
12:00pm							
12:30pm							
1:00pm							
1:30pm						Open Swim 1:00-4:00 *4 Lap Lanes	Open Swim
2:00pm							1:00-3:00 *4 Lap Lanes
2:30pm							
3:00pm							
3:30pm							
4:00pm		Elks 4:00-5:30 2 lanes			4.00-0.00		
4:30pm				Elks 4:00-5:30 *2 Lap Lanes			
5:00pm						Lap Swim 4:00-6:30	
5:30pm						4.00-0.30	
6:00pm		Aqua Zumba & 5:45-6:45 *4 Lap Lanes		Aqua Zumba & 5:45-6:45 *4 Lap Lanes	Lap Swim		
6:30pm					6:00-7:00		
7:00pm	Pre/Post Natal H2O Fit 7:00-8:00 *5 Lap Lanes	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Drop Slide Open During Saturday and Sunday Open Swim Times Only		
7:30pm							
8:00pm	Lap Swim 8:00-9:00						
8:30pm							
9:00pm							

*Indicated Number of Lap Lanes Open to the Public
ALL POOL SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE



East Boulder Community Center- 5660 Sioux Dr.; (303) 413-7460 South Boulder Recreation Center- 1360 Galastpie; (303) 441-3448 Scott Carpenter Pool- 1505 30th St.; (303) 441-3427 Spruce Pool- 2102 Spruce St.; (303) 441-3426